



May 1, 2025

Meals on Wheels of Palestine, Inc. is seeking to hire an experienced **cook** to work in this non-profit sector food service industry with the ability to operate in a large commercial kitchen preparing Southern-style cooking for upwards of 600 meals a day and growing. An ideal candidate is one that has at least 3-5 years' experience with batch cooking and can use good judgement in preparing low sodium/diabetic dishes and use our in-house menus and recipes prescribe for seniors and has knowledge of how to blend herb seasonings in meats and vegetables for taste and flavor. Work hours are 5 am – 1:30 pm, Mon-Fri. with a ½ hour break. Starting, hourly pay ranges from \$11 to \$17 an hour. The ability to work with and alongside numerous food service personnel is crucial. And be able to manage the physical movement and exertion that the multiple work task will demand.

Additionally, we are seeking to hire a **kitchen aide** to work as part of the nutrition services team to ensure smooth, efficient, and safe preparation/operation of the kitchen. Assisting with packing and daily meal preparation for upwards of 600 meals a day and growing. Work hours are 7 am – 1:30 pm, Mon-Fri. with a ½ hour break. Starting, hourly pay ranges from \$9 to \$14 an hour. The ability to work with and alongside numerous food service personnel is crucial as safety, cleaning, and sanitizing tasks are performed daily. Some familiarity in food service environments is helpful and possessing the ability to manage the physical movement and exertion that the multiple work task will demand is essential.