



COMMUNITY PUZZLE TABLE AREA:

WELCOME ALL! JOIN IN THIS CONSTRUCTIVE, ENGAGING, AND SENSE OF COMMUNITY ACTIVITY. PICs ARE TAKEN AFTER PUZZLE IS DONE AND ARE POSTED ON MOW'S WEBSITE. **ACTIVITY AVAILABLE 8-4PM DAILY!**

Benefits of this activity:

Collaborative Skills: Puzzles encourage teamwork, requiring participants to communicate, share ideas, and divide tasks effectively—skills that are valuable in both personal and professional contexts.

Problem-Solving Abilities: By figuring out how individual pieces fit together, participants enhance their critical thinking and analytical reasoning.

Focus and Patience: Completing a puzzle demands sustained attention and patience, traits that can carry over into other areas of life.

Sense of Community: Working on a shared puzzle strengthens bonds between participants, fosters a sense of belonging, and encourages social interaction.

Stress Reduction: Engaging in a meditative task like puzzling can promote relaxation and mental well-being.